

FOR IMMEDIATE RELEASE

StrongBoard Balance® Expands Its Reach to Physical Therapy Market

APTA's Combined Section Meeting to Feature Acclaimed Balance Board & StrongBoard Mini at Booth #575!

ANAHEIM, Calif. (February 11, 2016) – [StrongBoard Balance®](#), the critically acclaimed balance board, will be showcased at the American Physical Therapy Association's (APTA) [Combined Sections Meeting](#) at booth #575. This marks the introduction of StrongBoard Balance Mini to the convention and the physical therapy market as a whole.

The APTA CSM will be held February 17-20 at the Anaheim Convention Center (800 West Katella Avenue Anaheim, CA 92802). The physical therapy convention offers a variety of events for physical therapy professionals, including keynote speakers, unlimited networking, and educational courses each day.

“We quickly recognized the need our clients had for a StrongBoard that was tailored for physical therapy and rehabilitation,” Michael Curry said, StrongBoard Balance creator and ACE certified personal trainer. “We are proud to introduce the StrongBoard Mini to the physical therapy community, as it is ideal for those going through injury rehabilitation.”

Users of StrongBoard continue to praise the innovative board for its ability to help them regain balance and strength when recovering from injury or surgery. Daniel D Woo, [reviewing the board on Amazon](#), wrote, “It's been a significant help with building core muscles and balance in recovery from a total left hip replacement surgery.” After four weeks in the hospital recovering from colon cancer, [Owen E Gibson](#) wrote, “It [was] obvious very quickly how much [balance and strength] I had lost. I went from no balance and low core and leg strength to better than I was prior to the surgery in 6 months.”

To read testimonials about StrongBoard Balance from a number of top physical therapists, medical professionals, and fitness trainers, click [here](#).

Featuring four-inch springs, StrongBoard Balance Mini is two inches shorter than the regular StrongBoard and designed specifically for those in physical therapy. Despite its shorter springs, StrongBoard Mini gives an amazing workout and delivers profound results to persons of all levels of fitness, creating desired changes in how they look and feel and improvement in balance, core strength, agility, and posture.

StrongBoard Mini is a bit less challenging and intimidating. It offers more rigidity, which makes it easier than standard StrongBoard Balance, while still providing a full range of motion and 360 degrees of tilt. Its platform rests upon four compression springs, allowing individuals to train using their own body weight for resistance during full-motion exercises.

CSM is the perfect place to showcase StrongBoard Balance and StrongBoard Mini, as it is the leading conference and career-building event of the year in physical therapy. The event will bring together more than 10,000 professionals from around the nation in 2016. The conference features keynote speakers, preconference courses, live demonstrations and poster presentations.

Accredited members of the media are invited to visit StrongBoard Balance at booth #575 to demo the balance board and learn more about its unique capabilities and wide appeal. There will be boards in the booth and demonstrations all day long throughout the four-day convention.

To schedule an interview or a demo with StrongBoard Balance executives, email Chris@StrongBoardBalance.com.

About StrongBoard Balance:

StrongBoard Balance is a one-of-a-kind, premiere balance board for all levels of fitness enthusiasts. Designed to complement and intensify users' favorite workout routines, StrongBoard Balance's patented 'multi-spring technology' provides full-body fitness to increase muscle activation and calorie burn. As a portable and electricity-free platform, it allows users to train using their own body weight for resistance during full-motion exercises. Paired with a licensed physical therapist, StrongBoard Balance aids in the recovery of many injuries created by imbalance. It gently increases the patient's flexibility, range of motion, and strength. Over time and with repeated use, exercising with StrongBoard Balance helps rebuild the bridge between the brain and the injured muscle. As users regain strength and decrease the pain associated with the injury, their range of motion increases allowing for increased blood flow and further healing. For more information, visit <http://StrongBoardBalance.com>, www.Twitter.com/StrongBoard, www.YouTube.com/user/StrongBoardBalance, or www.facebook.com/StrongBoard.

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