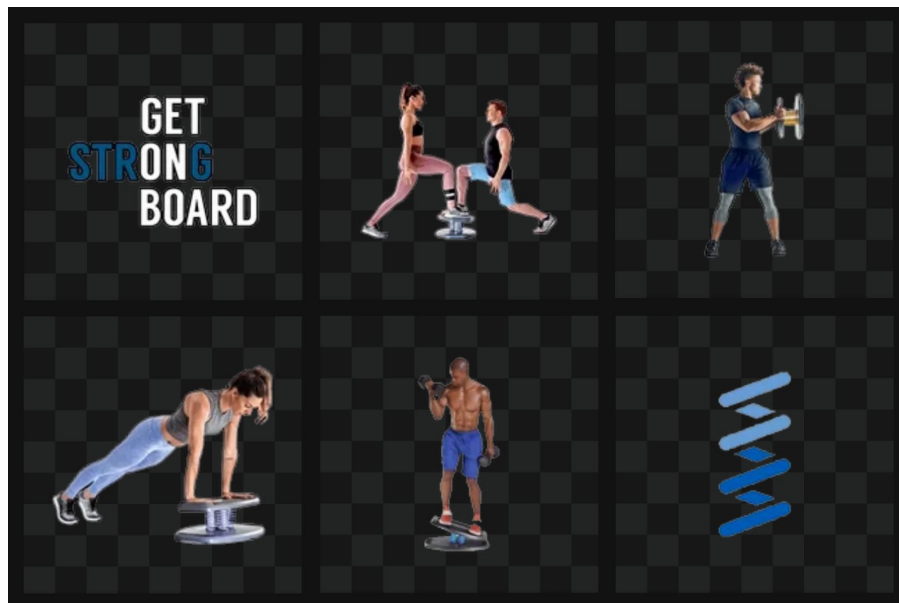


FOR IMMEDIATE RELEASE

StrongBoard Balance® Adds Stickers and GIFs to GIPHY

***Fun Graphic Art Featuring the Stability Trainer
Can Now Be Shared On Social Media Stories and More***



MARINA DEL REY, CA (December 30, 2020) – [StrongBoard Balance®](#), the stability trainer featuring MULTI SPRING TECHNOLOGY™, has added stickers and GIFs to [GIPHY](#). The searchable online database of GIFs, which is owned by Facebook, allows users to post their favorite moving images on various social media platforms.

Users are invited to use the stickers and GIFs on [Facebook](#), [Instagram](#), and [Twitter](#) to add a fun, and playful twist to their stories and posts. Those who want to make their own StrongBoard Balance stickers and GIFs on GIPHY can do so by clicking [here](#). Users who would like their stickers and GIFs to be available for use by anyone simply need to tag them as “StrongBoard”.

Media interested in learning more about StrongBoard Balance may contact Cody@StrongBoardBalance.com.

“We love adding these fun digital stickers and animations to our social offerings,” said Mike Curry, founder of StrongBoard Balance. “GIPHY is an awesome archive that can be accessed

from popular social platforms around the world. We hope our StrongBoard family enjoys playing with these as much as we do!"

For more information, inspiration, tips, and tricks, visit the [StrongBoard Instagram page](#) or [StrongBoardBalance.com](#).

About StrongBoard Balance:

StrongBoard Balance is a fully responsive balance board and stability trainer. It is the only product on the market with MULTI SPRING TECHNOLOGY™ which promises users will never find a point of stabilization. Compressing under any weight bearing load, StrongBoard's springs are both reactive and dynamic. Simply standing on StrongBoard requires total core engagement. StrongBoard is easy and safe to get on and off, and its flat platform protects joints and surrounding ligaments from excessive supination or strain, allowing the user to mimic real-life movements while supporting the kinetic chain. In addition to the muscular and skeletal benefits, use of StrongBoard trains the central nervous system, requiring muscles to communicate with the brain, effectively opening, healing, restoring and strengthening delicate neural pathways. The biomechanics of spring technology coupled with the rigid platform require users to find their true center of gravity. StrongBoard delivers profound results to all levels of fitness enthusiasts, creating desired changes in how users look and feel, as well as improvement in balance, core strength, agility, posture and reaction time. All StrongHold Fitness products are proudly made in America. For more information, visit [StrongBoardBalance.com](#), [Instagram](#), [Twitter](#), [YouTube](#), or [Facebook](#).

Keywords:

StrongBoard Balance®, GIPHY, GIFs, Stickers, social media, Facebook, Instagram, Twitter, stability trainer, MULTI SPRING TECHNOLOGY™, Mike Curry

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