

FOR IMMEDIATE RELEASE

StrongBoard Balance® Invites Everybody to Participate in its Amateur Photo Contest

Contestants to Vie for Cash & Prizes



MARINA DEL REY, CA (March 12, 2021) – [StrongBoard Balance](#), the stability trainer featuring MULTI SPRING TECHNOLOGY™, has opened a photo contest for its 2021 advertising campaign. Everybody is invited to upload photos depicting the use of StrongBoard Balance, or its physical therapy sidekick, StrongBoard MINI®. Three winners will be selected to receive cash and merchandise prizes. Submissions will be accepted through April 11 and winners will be announced April 15. For more information, including suggested guidelines, and to submit, click [here](#).

Prizes:

First Place: \$300 + Custom StrongBoard + Shirt

Second Place: \$200 + Shirt

Third Place: \$100 + Shirt

“We want to reward user generated content,” said Mike Curry, creator of StrongBoard Balance. “StrongBoard isn't just for models and professional athletes, it's for everybody -- What better way to show this than to ask the very real users of StrongBoard to capture and submit their experiences. Authenticity is everything and we are so excited, not only to see the submissions, but to feature our riders in this campaign.”

Everyone is encouraged to enter. Whether you have your own StrongBoard, use one at the gym or just know someone you can borrow from, get outside, take some fun shots and submit away.

To be officially entered in the contest, images must be uploaded [here](#). Those who want to share their submissions on social media are welcome to upload their images, tagging StrongBoard Balance on [Instagram](#) or [Twitter](#), and using the hashtag #PhotoContestSB. It is important to note that *ONLY* images submitted through the form will be entered for the contest.

Media interested in learning more about StrongBoard Balance may contact Cody@StrongBoardBalance.com.

For more information, inspiration, tips, and tricks, visit the [StrongBoard Instagram page](#) or [StrongBoardBalance.com](#).

About StrongBoard Balance:

StrongBoard Balance is a fully responsive balance board and stability trainer. It is the only product on the market with MULTI SPRING TECHNOLOGY™ which promises users will never find a point of stabilization. Compressing under any weight bearing load, StrongBoard's springs are both reactive and dynamic. Simply standing on StrongBoard requires total core engagement. StrongBoard is easy and safe to get on and off, and its flat platform protects joints and surrounding ligaments from excessive supination or strain, allowing the user to mimic real-life movements while supporting the kinetic chain. In addition to the muscular and skeletal benefits, use of StrongBoard trains the central nervous system, requiring muscles to communicate with the brain, effectively opening, healing, restoring and strengthening delicate neural pathways. The biomechanics of spring technology coupled with the rigid platform require users to find their true center of gravity. StrongBoard delivers profound results to all levels of fitness enthusiasts, creating desired changes in how users look and feel, as well as improvement in balance, core strength, agility, posture and reaction time. All StrongHold Fitness products are proudly made in America. For more information, visit [StrongBoardBalance.com](#), [Instagram](#), [Twitter](#), [YouTube](#), or [Facebook](#).

Keywords:

StrongBoard Balance, photo contest, contest, photos, cash, merchandise, user generated content, advertising campaign, April 11, April 15, prizes, shirt, Instagram, Twitter

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